



*Abundance of Lovely's*

10

# ACTS OF PURPOSE

*"Today I want to..."*

1. *Inspire people*

2. **MAKE SOMEONE LAUGH**

3. *Smile at a stranger*

4. **OPEN A DOOR FOR SOMEONE**

5. *Pick up a piece of litter*

6. **ASK SOMEONE HOW THEY ARE  
& LISTEN TO THEIR RESPONSE**

7. *Compliment someone*

8. **WRITE A SNAIL MAIL SURPRISE**

8. *Say thank you*

9. **READ AN INSPIRING QUOTE OR VERSE**

10. *Go to sleep with a*

*Prayer of Praise*

